COTA Ageing ACT

ABOUT US

Council on the Ageing (COTA) ACT is a local organisation working to improve the lives of older people in the Canberra community since 1973.

We work with older people, their families and friends, community organisations, business and government to identify gaps and implement services and programs to encourage older people to participate in the community and contribute to their fullest.

Contact Us

02 6282 3777

contact@cotaact.org.au

www.cotaact.org.au

COTA Ageing ACT

HOME SUPPORTS
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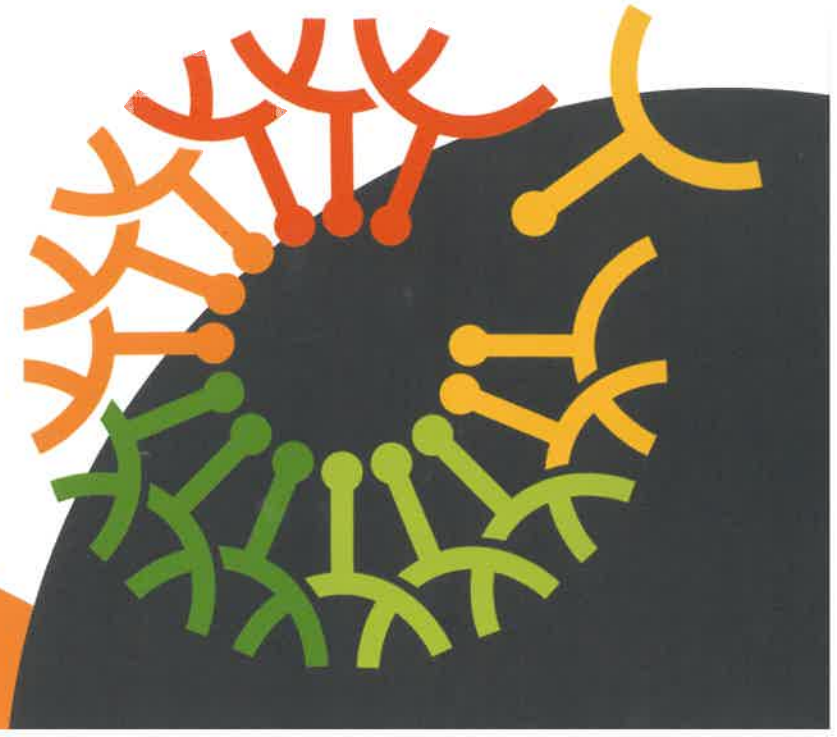

Kirinari CHSP ACT
1300 547 462
https://kirinari.com.au/chsp-services-help-you-live-independently-at-home/

Kincare Home Services
1300 733 510
mail@kincare.com.au
www.kincare.com.au

Let's Get Care ACT
1300 497 442
https://letsgetcare.com.au/locations/act/canberra/

Life Without Barriers – ACT
1800 792 359
https://www.lwb.org.au/aged-care/

Local Guardians
(02) 7227 7661
https://localguardians.com/about/

Marymead CatholicCare
6162 6100
https://mccg.org.au/service/aged-care/

Meals on Wheels
6285 8420
actmow@redcross.org.au
www.redcross.org.au/ meals

My Care Ability ACT
0434 960 239
https://mycareability.com.au/

Mercy Health Home Care Services
6256 9600
www.home-care.mercyhealth.com.au/local-offices/canberra

Multicultural Communities Council of Illawara (MCCI) ACT & Queanbeyan
(02) 4229 7566
www.mcci.org.au/aged-care/help-at-home/

Northside Community Services
6171 8000
reception@northside.asn.au
www.northside.asn.au

Nurse Next Door Home Care Services
1300 100 247
https://www.nursenextdoor.com.au/locations/canberra/

Pearl Home Care Canberra
0412 175 848
https://www.pearlhomecare.com.au/locations/canberra/

People First Healthcare Metro
1800 434 002
https://pfhcare.com.au/age-care/

PlanCare – ACT
1800 024 000
https://plancare.com.au/

Quest Aged Care
(02) 6253 4314
https://questcare.com.au/aged-care/

RFBI Care at Home – ACT
1300 848 076
https://rfbi.com.au/care-at-home-2/locations/act/

Right at Home – ACT
1300 363 802
https://www.rightathome.com.au/

Rubies Nursing - Home Care Support Canberra
1300 651 649
www.nursingagencyrubies.com.au/my-aged-care

RSL LifeCare Home Care – Canberra, Yass & Queanbeyan
02) 6263 9520
www.rsllifecare.org.au/home-care/

Salvos Home Care ACT
1300 111 227
https://agedcare.salvos.org.au/home-care/salvos-home-care-act/

St Basil's Home Care Service
9784 3280
info@stbasils.com.au
www.stbasils.com.au

Southern Cross Care NSW and ACT
1800 852 672
www.sccliving.org.au

The Benevolent Society – Home Support ACT
1800 236 762

The Butler Canberra
(02) 5134 5982
www.thebutlercanberra.com.au/

Trilogy Care ACT
1300 459 190
https://trilogycare.com.au/

Uniting Home Care ACT
1800 864 846
ask@uniting.org
https://www.uniting.org/services/aged-care-services

Veterans' Home Care
1800 550 450
www.dva.gov.au/get-support/health-support

Woden Community Services
6282 2644
https://www.wcs.org.au/services/aged-care/home-support/

Vision Australia
1300 84 74 66
https://visionaustralia.org/services/find-services/older-adults/in-home

Wheeled Bin Assistance Scheme
Support for people who are unable to wheel bins out.
132 281
nowaste@act.gov.au
www.cityservices.act.gov.au/recycling-and-waste/collection/wheelie-bin-collection/bin-assistance

For more information about available services in the ACT you can call MyAgedCare on 1800 200 422 or check out the 'Find A Provider' function on the website: www.myagedcare.gov.au