

About COTA (ACT)

COTA is the peak organisation concerned with all ageing issues. It is an independent, non-party political and non-religious organisation working to protect and promote the well-being, rights and interests of all older people in the ACT irrespective of socio-economic, ethnic, religious or cultural background.

COTA (ACT) is a member of the Australia wide organisation COTA Australia, through which it contributes to the development of national policies and agendas.

COTA talks to Governments, the media and the community about topics concerning older people in the ACT. We make regular submissions to government on current issues affecting older people.

As a member of several ACT government standing committees, 'round tables' and departmental groups, COTA has ongoing input into the advice going to government.

COTA also provides a range of services for Canberra citizens.

Become a member of COTA (ACT) and Belong, Benefit and Be Heard.

COTA (ACT) is a people before profit organisation with over two thousand individual members. Becoming a member both increases the effectiveness of COTA and provides information and direct benefits for you. Please contact COTA for more information on membership. Call 1300 1400 50 or visit www.cotamembership.org.au.

Contact Us

Council on the Ageing (ACT)
Hughes Community Centre
Wisdom Street
HUGHES ACT 2605

PHONE: (02) 6282 3777
EMAIL: contact@cota-act.org.au
WEB: www.cota-act.org.au



About This Brochure

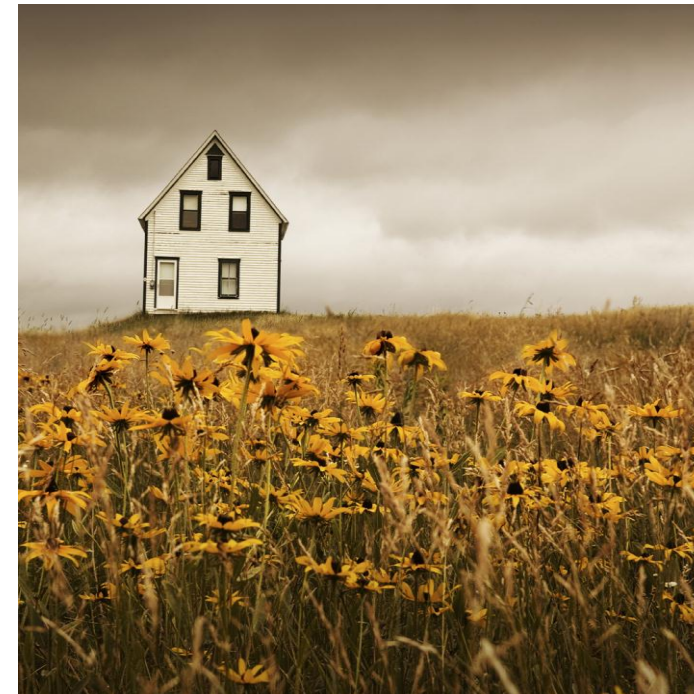
This brochure is one in a series of topic specific service listings extracted from COTA (ACT)'s Directory of Services for the Ageing. The directory can be obtained at www.cota-act.org.au or by contacting the COTA office.

Other brochures include:

- Learning Opportunities
- High Care Accommodation
- Respite Accommodation
- Ageing in Place Accommodation
- Low Care Accommodation
- Retirement and Self Care Accommodation
- Dementia Specific Accommodation
- Palliative Care and Accommodation
- Crisis Accommodation
- Respite Services
- Help Lines
- Transport
- Services for the Ageing
- Carer Services
- Dementia Services
- Hearing Services
- Women's Groups
- Senior's Groups and Activities

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Crisis Accommodation



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Anglicare

P: 6232 2490

Beryl Women Inc

PO Box 3667, WESTON CREEK ACT 2602

P: 6288 1622

E: beryl_women@bigpond.com

W: www.beryl.org.au

Burrangiri

1 - 7 Rivett Place, RIVETT ACT 2611

P: 6288 1488

Community Housing Betty Searle House

P: 6173 7703

Doris Womens Refuge

P: 6278 9999

E: dwrwomen@bigpond.net.au

First Point Accommodation Service

P: 1800 176 468

Gunyah Women's Housing

28 Rutledge Street, QUEANBEYAN NSW 2620

P: 6297 2827

E: gunyahwh@tpg.com.au

Havelock Housing Association

85 Northbourne Av, TURNER ACT 2612

P: 6257 2277

E: info@havelock.asn.au

W: www.havelock.asn.au

Heira House, Toora Women Inc.

After Hours number. 6247 2399

PO Box 454, JAMISON CENTRE ACT 2614

P: 6254 5766

E: heira@toora.org.au

Louisa Women's Refuge

PO Box 810, QUEANBEYAN NSW 2620

P: 6299 4799

E: louisawr@tpg.com.au

Lourdes Home Queanbeyan,

Missionaries of Charity

PO Box 810, QUEANBEYAN NSW 2620

P: 6297 1296

Missionaries of Charity - Convent Refuge

P: 6297 2399

Southside Community Services Inc

Southside Community Services, PO Box 7, NARRABUNDAH ACT 2604

P: 6126 4700

E: admin@sscs.org.au

St Benedict's Queanbeyan

Assistance with transport, groceries and other needs.

P: 6297 5331

Toora Women Inc

PO Box 7075, WATSON ACT 2602

P: 6247 2399

E: toorahouse@toora.org.au

Woden Community Services

26 Corinna Street, PHILLIP ACT 2606

P: 6282 2644

E: wcsadmin@wcs.org.au

W: www.wcs.org.au