

## About COTA ACT

COTA is the peak organisation concerned with all ageing issues. It is an independent, non-party political and non-religious organisation working to protect and promote the well-being, rights and interests of all older people in the ACT irrespective of socio-economic, ethnic, religious or cultural background.

COTA ACT is a member of the Australia wide organisation COTA Australia, through which it contributes to the development of national policies and agendas.

COTA talks to Governments, the media and the community about topics concerning older people in the ACT. We make regular submissions to government on current issues affecting older people.

As a member of several ACT government standing committees, 'round tables' and departmental groups, COTA has ongoing input into the advice going to government.

COTA also provides a range of services for Canberra citizens.

Become a member of COTA ACT and Belong, Benefit and Be Heard.

COTA ACT is a people before profit organisation with over two thousand individual members. Becoming a member both increases the effectiveness of COTA and provides information and direct benefits for you. Please contact COTA for more information on membership. Call 1300 1400 50 or visit [www.cotamembership.org.au](http://www.cotamembership.org.au).

## Contact Us for Brochures or other advice

Council on the Ageing ACT  
Hughes Community Centre  
Wisdom Street  
HUGHES ACT 2605

PHONE: 02 6282 3777  
EMAIL: [contact@cotaact.org.au](mailto:contact@cotaact.org.au)  
WEB: [www.cotaact.org.au](http://www.cotaact.org.au)



## About This Brochure

This brochure is one in a series of topic specific service listings extracted from COTA ACT's Directory of Services for the Ageing. The directory can be obtained at

[www.cotaact.org.au](http://www.cotaact.org.au) or by contacting the COTA office.

Other brochures include:

Learning Opportunities

Aged Care Facilities

Retirement and Self Care

Accommodation

Dementia Specific Accommodation

De-cluttering, Downsizing and Home

Modifications

Crisis Accommodation

Respite Services

Help Lines

Transport

Services for the Ageing

Carer Services

Dementia Services

Hearing Services

Women's Groups

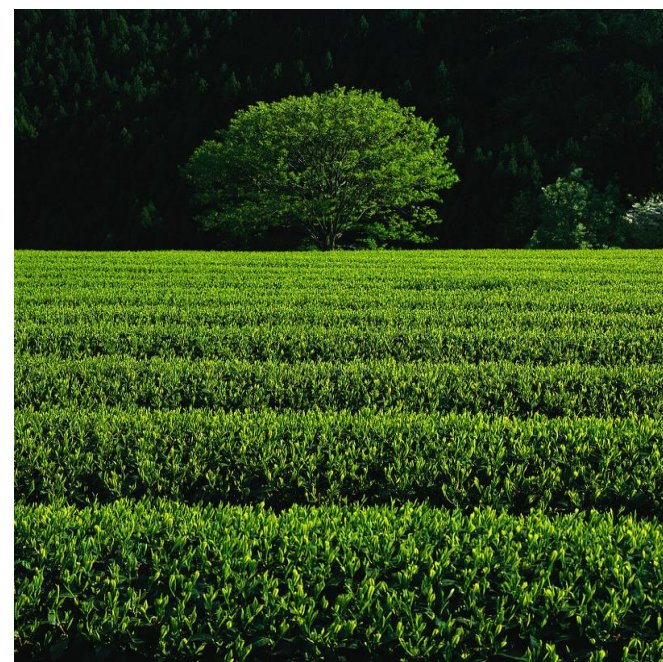
Senior's Groups and Activities

Keeping Active

Men's Services

Activities for Grandparent Carers

# Respite Accommodation



Produced with assistance from ACT Health



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### **Baptist Care Carey Gardens**

111 Carnegie Crescent, RED HILL ACT 2603

**P:** 6195 3108

### **Baptist Care Griffith**

45 Stuart Street, GRIFFITH ACT 2603

**P:** 6195 6600

**W:** [www.baptistcare.org.au](http://www.baptistcare.org.au)

### **BUPA Calwell**

43 Were Street, CALWELL ACT 2905

**P:** 6298 5200

**W:** [www.bupaagedcare.com.au](http://www.bupaagedcare.com.au)

### **Bupa Stirling**

41 Freemantle Drive, STIRLING ACT 2611

**P:** 6287 0200

**W:** [www.bupaagedcare.com.au](http://www.bupaagedcare.com.au)

### **Burrangiri**

ACCR - Not required

1 - 7 Rivett Place, RIVETT ACT 2611

**P:** 6288 1488

### **Canberra Masonic Homes**

Shepherd Street, PEARCE ACT 2607

**P:** 6254 2544

**E:** [sanjila.verma@royfree.org.au](mailto:sanjila.verma@royfree.org.au)

**W:** [www.royalfreemasons.com.au](http://www.royalfreemasons.com.au)

### **Goodwin - Ainslie**

35 Bonney Street, AINSLIE ACT 2602

**P:** 6175 5001

**E:** [info@goodwin.org.au](mailto:info@goodwin.org.au)

**W:** [www.goodwin.org.au](http://www.goodwin.org.au)

### **Goodwin - Monash**

27 Cockcroft Avenue, MONASH ACT 2904

**P:** 61787200

**E:** [info@goodwin.org.au](mailto:info@goodwin.org.au)

**W:** [www.goodwin.org.au](http://www.goodwin.org.au)

### **IRT Kangara Waters**

2 Joy Cummins Place, Lake Ginninderra, BELCONNEN ACT 2617

**P:** 1800 024 915

### **Kankinya Aged Care Facility**

48 Archibald Street, LYNEHAM ACT 2602

**P:** 62473988

**E:** [enquiries@kankinya.com.au](mailto:enquiries@kankinya.com.au)

### **Mountain View Aged Care Plus Centre**

Goyder Street and Leahy Close, NARRABUNDAH ACT 2604

**P:** 6295 1044

**W:** [www.salvos.org.au](http://www.salvos.org.au)

### **RFBI Canberra Masonic Village and Kalparrin Hostel**

138 Hardwick Crescent, HOLT ACT 2615

**P:** 6254 2544

### **RSL LifeCare Bill McKenzie Gardens - Coral Park**

23 Burkitt St, PAGE ACT 2614

**P:** 6123 9000

**E:** [linda.daniels@rslifecare.org.au](mailto:linda.daniels@rslifecare.org.au)

**W:** [www.rslifecare.org.au](http://www.rslifecare.org.au)

### **RSL LifeCare Fred Ward Gardens**

38 Theodore St, CURTIN ACT 2605

**P:** 6285 1917

**E:** [elizabeth.myers@rslifecare.org.au](mailto:elizabeth.myers@rslifecare.org.au)

**W:** [www.rslifecare.org.au](http://www.rslifecare.org.au)

### **RSL LifeCare Sir Leslie Morshead Manor**

26 Archibald St, LYNEHAM ACT 2602

**P:** 6263 9500

**E:** [katrina.cubit@rslife.org.au](mailto:katrina.cubit@rslife.org.au)

**W:** [www.rslife.org.au](http://www.rslife.org.au)

### **Southern Cross Ozanam Apartments - Garran**

7 Boake Place, GARRAN ACT 2605

**P:** 6260 4256

**W:** [www.southerncrosscare.org.au](http://www.southerncrosscare.org.au)

### **St Andrew's Village**

95 Groom St, HUGHES ACT 2605

**P:** 6283 4999

**E:** [info@standrewsvillage.org.au](mailto:info@standrewsvillage.org.au)

**W:** [www.standrewsvillage.com.au](http://www.standrewsvillage.com.au)

### **St Nicholas Home for the Aged**

1 Gosse Street, KINGSTON ACT 2604

**P:** 6295 1891

### **The Cottage**

Short term respite and day care.

117 Denison St, DEAKIN ACT 2600

**P:** 6285 2082

**E:** [carers@carersact.org.au](mailto:carers@carersact.org.au)

**W:** [www.carersact.org.au](http://www.carersact.org.au)

### **Uniting Eabrai Lodge**

12 Namatjira Drive, WESTON ACT 2611

**P:** 6288 4411

**W:** [www.unitingagedcare.org.au](http://www.unitingagedcare.org.au)

### **Uniting Mirinjani**

11 Namatjira Drive, WESTON ACT 2611

**P:** 6288 4411

**W:** [www.unitingagedcare.org.au](http://www.unitingagedcare.org.au)

### **Upper Jindalee Nursing Home**

277 Goyder Street, NARRABUNDAH ACT 2604

**P:** 6239 6800

### **Villaggio Sant' Antonio**

35 Burkitt Street, PAGE ACT 2614

**P:** 6255 1794

**E:** [reception@villaggio.com.au](mailto:reception@villaggio.com.au)

**W:** [www.villaggio.com.au](http://www.villaggio.com.au)