#### **About COTA ACT**

COTA is the peak organisation concerned with all ageing issues. It is an independent, non-party political and non-religious organisation working to protect and promote the well-being, rights and interests of all older people in the ACT irrespective of socio-economic, ethnic, religious or cultural background.

COTA ACT is a member of the Australia wide organisation COTA Australia, through which it contributes to the development of national policies and agendas.

COTA talks to Governments, the media and the community about topics concerning older people in the ACT. We make regular submissions to government on current issues affecting older people.

As a member of several ACT government standing committees, 'round tables' and departmental groups, COTA has ongoing input into the advice going to government.

COTA also provides a range of services for Canberra citizens.

Become a member of COTA ACT and Belong, Benefit and Be Heard.

COTA ACT is a people before profit organisation with over two thousand individual members. Becoming a member both increases the effectiveness of COTA and provides information and direct benefits for you. Please contact COTA for more information on membership. Call 1300 1400 50 or visit <a href="https://www.cotamembership.org.au">www.cotamembership.org.au</a>.

#### Contact Us for Brochures or other advice

Council on the Ageing ACT Hughes Community Centre Wisdom Street HUGHES ACT 2605

PHONE: 02 6282 3777

EMAIL: contact@cotaact.org.au WEB: www.cotaact.org.au



#### **About This Brochure**

This brochure is one in a series of topic specific service listings extracted from COTA ACT's Directory of Services for the Ageing. The directory can be obtained at

<u>www.cotaact.org.au</u> or by contacting the COTA office.

Other brochures include:

**Learning Opportunities** 

**Aged Care Facilities** 

Retirement and Self Care

Accommodation

**Dementia Specific Accommodation** 

De-cluttering, Downsizing and Home

Modifications

Crisis Accommodation

**Respite Services** 

**Help Lines** 

Transport

Services for the Ageing

Carer Services

**Dementia Services** 

**Hearing Services** 

Women's Groups

Senior's Groups and Activities

**Keeping Active** 

Men's Services

**Activities for Grandparent Carers** 

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# Elder Abuse Information and Referral







### Aboriginal Legal Service (NSW/ACT)

7/9 Moore Street, CANBERRA CITY ACT 2601

**P:** 6249 8488

W: www.alsnswact.org.au

# Abuse Prevention Information and Referral Line - (APRIL) ACT Government

**P:** 6205 3535

#### **ACT Civil and Administrative Tribunal**

Level 4, 1 Moore Street, CANBERRA CITY ACT 2601

**P:** 6207 1740

E: tribunal@act.gov.au
W: www.acat.act.gov.au

# ACT Disability Aged and Carer Advocacy Service (ADACAS)

Suite C104 Block C Canberra Technology Park, 49 Phillip Avenue, WATSON ACT 2602

**P:** 6242 5060

E: adacas@adacas.org.au W: www.adacas.org.au

# **ACT Human Rights Commission**

**P:** 6205 2222

W: www.hrc.act.gov.au

### **ACT Law Society**

Level 4, Farrell Place, CANBERRA CITY ACT 2601

**P:** 6274 0300

**E:** mail@actlawsociety.org.au **W:** www.actlawsociety.org.au

# **Aged Care Complaints Scheme**

**P:** 1800 550 552

E: complaintsschemeresources@dss.gov.au
W: agedcarecomplaints.govspace.gov.au

### **Canberra Community Law**

21 Barry Drive, TURNER ACT 2612

**P:** 6218 7900

W: www.canberracommunitylaw.org.au

# **Care Inc. Financial Counselling Service and Consumer Law Centre**

16/2 Akuna Street, CANBERRA CITY ACT 2601

**P:** 1800 007 007 **W:** www.carefcs.org

# **Conflict Resolution Service (CRS)**

Level 3, Griffin Centre, 20 Genge Street, CANBERRA CITY ACT 2601

**P:** 6162 4050

E: mediation@crs.org.au
W: www.crs.org.au

#### **Domestic Violence Crisis Service**

PO Box 1922, FYSHWICK ACT 2609

**P:** 6280 0900

E: admin@dvcs.org.au W: www.dvcs.org.au

#### **Health Services Commissioner**

PO Box 158, CANBERRA ACT 2601

**P:** 6205 2222

**E:** health.complaints@act.gov.au

W: www.hrc.act.gov.au

# **Legal Aid ACT**

Help Line 1300 654 314

2 Allsop Street, CANBERRA CITY ACT 2601

**P:** 6243 3411

E: legalaid@legalaidact.org.au
W: www.legalaidact.org.au

#### Lifeline

**P:** 131 114

E: office@act.lifeline.org.au
W: www.act.lifeline.org.au

#### **Public Advocate of the ACT**

Level 3, 12 Moore Street, CANBERRA CITY ACT 2601

P: 6207 0707
E: pa@act.gov.au
W: www.paact.org.au

#### **Public Trustee for the ACT**

PO Box 221, CIVIC SQUARE ACT 2608

**P:** 6207 9800

E: publictrustee@act.gov.au
W: www.publictrustee.act.gov.au

# **Relationships Australia - Family Dispute Resolution**

15 Napier Close, DEAKIN ACT 2600

**P:** 1300 364 277

# **Salvation Army Moneycare Counselling Service**

1 Elder Street, BRADDON ACT 2612

**P:** 6248 7191

W: www.salvos.org.au

# Senior Liaison Officer - Crime Reduction Education and Diversion Team

**ACT Policing** 

**P:** 6245 7548

# **Victims Support ACT**

Level 4, 1 Moore Street, CANBERRA CITY ACT 2601

**P:** 1800 822 272

# **Women's Legal Centre Inc**

GPO Box 1726, CANBERRA ACT 2601

**P:** 6257 4377

E: co-ordinator@womenslegalact.org.au

W: www.womenslegalact.org.au